

Placer County Youth Commission Meeting

Wednesday, September 1, 2021

Placer County Board of Supervisors Chambers -175 Fulweiler Ave, Auburn, CA

6:00-7:30pm

1. Welcome

2. Public Comment:

Please limit comments to 3 minutes per person. This is an opportunity for members of the public to address the Youth Commission on an item of interest to the public that does not appear on the agenda, no action or discussion shall be undertaken on any item not appearing on the posted agenda.

i. Any comments shared: None

3. Icebreaker/Get-To-Know-You Activity:

a. Alyssa Schmidt

i. Brief description of activity: Everyone takes as many pieces of toilet paper they want without knowing what for. Then Alyssa tells everyone that they have to share as many fun facts about themselves as they have squares of toilet paper. Then Everyone shared.

4. How to Set Goals

a. Alex Wride - PCYC Advisor

i. Brief notes on discussion:

- Set broad goals and specific objectives
- To set objectives use SMART: S-specific M-measurable A-attainable R-relevant T-timely
- EXAMPLE:

ii. GOAL: educate people in Placer County about distracted driving

iii. OBJECTIVE: By June 30th, 2022 parents and teachers will attend at least one seminar/class/simulation on distracted driving.

5. Break Into Subcommittees:

a. Vote on subcommittee leadership

b. Establish subcommittee goal/work plan

6. Report Back:

a. Equity/Diversity Subcommittee

i. Brief notes:

- Send out videos/slideshows about equality and diversity for school
- Promote on instagram/tictok
- Host a cultural fair

b. Mental Health Subcommittee

i. Brief Notes:

- Create pamphlets and give out to students/teachers
- Make an educational website

c. Vaping Subcommittee

i. Brief notes:

- Educate and advocate against
- Create educational PSA about vaping and send out to media
- Gain approval to sixth grade schools to host a gallery walk/simulation to educate about the harms of substance abuse

7. Adjourn 7:32