

Placer County Youth Commission Meeting Notes

Wednesday, September 2, 2020

Zoom

6:00-7:30pm

1. Welcome & Call to Order @ 6:00 pm

2. Approval of Agenda: [9/2/2020]

- a. # of ayes: 19

3. Public Comment:

- a. None

4. County Update:

- a. None

5. Icebreaker:

- a. "Ball throwing" game, Name any word that comes to mind when you get called on.

6. Commission Business:

- a. Vote on subcommittees: Mental Health, COVID related issues, or Vaping
- b. Results: Mental Health and Vaping chosen, Received 19 out of 19 votes
- c. Breaking into subcommittees:
 - i. Vaping subcommittee: Andrew, Sarah, Akshayan, Julia, Dylan, Allyson, Riley, Kristi, Ishan, Alyssa,
 - 1. Chair: Ishan, Co-chair: Alyssa, Budget Liaison: Andrew, Media Liaison: Julia
 - ii. Mental Health subcommittee: Winston, Chloe, Evan, Alka, Kaitlyn, Aili, Tejan, Juliana, Michaela, Robert
 - 1. Chair: Evan, Co-chair: Chloe, Budget Liaison: Robert, Media Liaison: Kaitlyn

7. Break Into Subcommittees:

i. Vaping committee:

- 1. Started with jamboard, brainstormed ideas of issues/solutions/projects
- 2. Chose to focus on education/prevention of vaping

ii. Mental Health committee:

- 1. Started an action plan in a google doc
- 2. Chose to focus on: increase connectedness and awareness among peers in order to improve mental health in light of Covid-19

8. Report Back: 7:20-7:30pm

- a. Subcommittee #1: Vaping

- i. Decided main pathway of what we would like to complete, create a goal, list of projects that we could do
- b. Subcommittee #2: Mental Health
 - i. Created overall goal, decided on main project